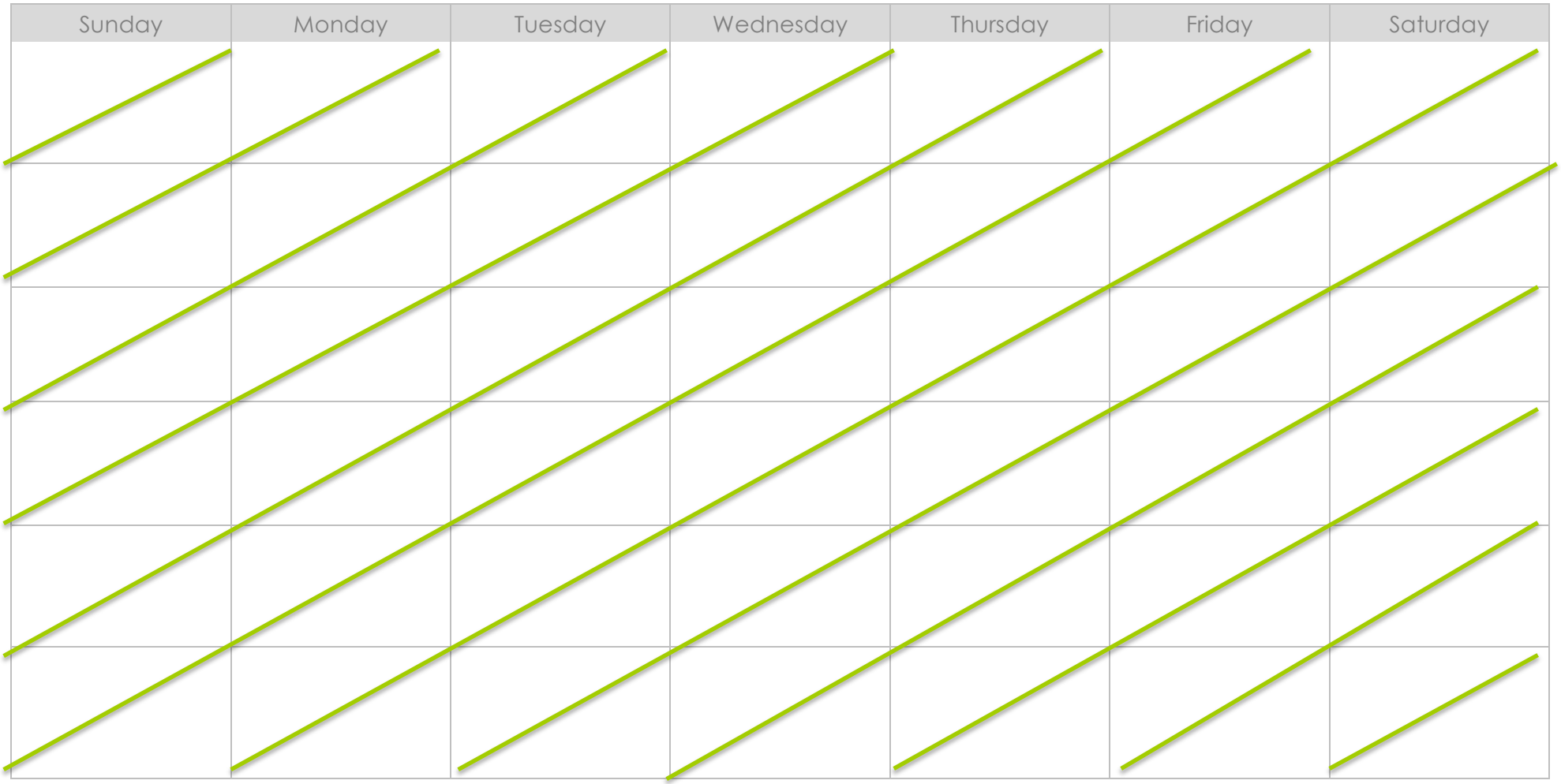
My Thumb Chart

Place a sticker on each day you did not suck your thumb!